

Bridge Valley Parent Book Club

About The Club

Bridge Valley Elementary not only values a quality academic education, but we also value the social and emotional growth of our students. We thought it would be fun and beneficial to share thoughts and ideas on this topic through a parent book club. The book club will be meeting on the third Wednesday of the month. If you would like to join us, please fill out the form below and return it to your child's teacher **by Friday, October 2nd, 2015.**

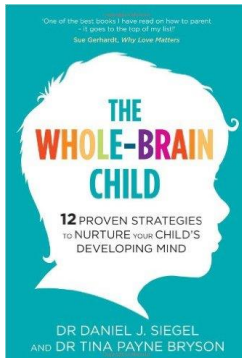
Where and When

Where? Bridge Valley Elementary

When? October 21st @ 7:00pm
November 18th @ 7:00pm
December 16th @ 7:00pm

Contact

Any questions can be directed to:
Kathy Schmoyer
kschmoyer@cbsd.org



First Featured Book

Our first book, *The Whole-Brain Child*, by Daniel J. Siegel and Tina Payne Bryson, discusses 12 Revolutionary Strategies to Nurture Your Child's Developing Mind. This includes how a child's brain is wired, how it matures and how to keep the parts of the brain integrated for improved self-regulation. By using their strategies, you can turn outbursts and arguments into an opportunity to support social and emotional growth. It is an easy read with lots of practical suggestions to help support parents and children at the same time.

Please sign me up for the Bridge Valley Parent Book Club!

Name _____ Email _____

Child's Teacher _____

_____ I would like to purchase the book through the book club and have enclosed \$15.00 to cover the cost of the book.

_____ I will be purchasing the book myself, but would like to join the Book Club.